



Monarch Center for Autism

at Bellefaire JCB

Student Support, Safety and Well-Being Frequently Asked Questions

Are there de-escalation rooms where my child can take a break?

Yes. Monarch has several quiet rooms that are padded and may be used for de-escalation. Students also have access to Sensory Rooms with calming sights and sounds, indoor Gross Motor Rooms, and outdoor playgrounds that support movement and regulation.

Do staff send incident reports or call when an event occurs?

Yes. When an incident occurs, including an event involving physical management, an incident report is provided to parents or guardians within 24 hours by email or phone, based on their preferred method of communication.

All Monarch Center for Autism staff are trained in Safety-Care®, a crisis prevention model that emphasizes preventing, minimizing, and managing behavioral challenges safely and respectfully. Safety-Care® incorporates evidence-informed strategies from Applied Behavior Analysis (ABA) and Positive Behavioral Interventions and Supports (PBIS), with an emphasis on skill building, reinforcement, and reducing restrictive interventions.

Does Monarch School have a restraint policy?

Yes. Monarch School is committed to using the least restrictive interventions necessary to maintain safety. Safety-Care® uses a least-to-most restrictive approach, emphasizing prevention and de-escalation whenever possible.

Staff are trained to recognize student triggers and signals and to use strategies such as helping students communicate their needs, prompting safer alternative behaviors, allowing time and space, and following individualized De-escalation Plans.

Restraint may be used only in an emergency when less restrictive interventions have not prevented harm to the student or others. Monarch prohibits preauthorization of restraint or seclusion and does not permit their use for coercion, discipline, convenience, or retaliation.

Parents or guardians with concerns about restraint may contact Monarch School at 216-320-8945 or Bellefaire JCB Client Advocate Rashad Davis at 216-320-8305.

[View the Monarch School Restraint Policy](#)

[View the Monarch School Time Out and Isolated Time Out Policy](#)

Does Monarch School have an Anti-Harassment, Anti-Intimidation, or Anti-Bullying Policy?

Yes. Monarch School is committed to providing an educational environment free from harassment, intimidation, and bullying and to protecting students from physical, verbal, and emotional abuse.

[View the Monarch School Anti-Harassment, Anti-Intimidation, or Anti-Bullying Policy](#)